

Camp Kaleidoscope Menu

Saturday Dinner: Spaghetti with plain tomato sauce; Garlic bread and plain bread (Italian loaf bread); Steamed Green beans

Sunday Breakfast: Assorted muffins and scones – homemade. Wheat free and gluten free options also.

Sunday Lunch: Vegetarian sandwich bar – white bread, wheat bread, hummus, egg salad, cheddar cheese slices, lettuce, tomato, raw onion mayonnaise and ketchup; Tator Tots; White Bean and kale soup

Sunday Dinner: Burrito bar including brown rice, pinto beans, salsa, cut up onions with corn and wheat tortillas, shredded Cheddar cheese; Nachos – yellow corn chips with cheese melted on them; Plain corn chips

Monday Breakfast: Home fries- potatoes cut into chunks and stir fried; Frittata(s) – 1 that is cheese and egg and one with vegetables; Scrambled eggs

Monday Lunch: Grilled Cheddar Cheese Sandwiches on white bread; Tomato soup; Summer Pasta salad (this will be made with available fresh ingredients); Store bought Potato chips

Monday Dinner: Pizza – round with tomato sauce and mozzarella cheese; Caesar salad; Steamed broccoli

Tuesday Breakfast: White flour pancakes with maple syrup and butter